



ALLERGENS & INTOLERANCES

Rodizio Grill prepared this list with the most current ingredient information available from our food suppliers. Please be aware that during kitchen operations, shared preparation areas may occur and the possibility exists for food items to come in contact with other food products. We encourage you to use this list as a guide to enhance your Rodizio Grill experience. And to better assist you, our gourmet salad bar tags have been marked with a "GF" for faster recognition of gluten-free items.

For Corn Allergies, please read the 'Corn Allergy and Intolerance' document first. We highly recommend those with food allergies consult a manager upon delivery of this list.

We proudly offer 100% GF Grilled Items in a 100% MSG-Free and 100% Peanut-Free environment!

= Allergen Present; Do Not Eat If Allergic

	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	VEG
APPETIZERS									
Cinnamon Glazed Bananas									Vegan
Garlic Toast									Vegetarian
Pao de Queijo - Cheese Bread									Vegetarian
Polenta									Vegetarian
BAR / JUICES									
Coconut Juice									Vegetarian
Guaraná									Vegan
Rodizio Diet Lemonade									Vegetarian
Rodizio Lemonade									Vegetarian
All Other Fresh Juices									Vegan
DESSERTS									
Bolo Brigadeiro									Vegetarian
Cheesecake									Vegetarian
Crème Brulee									Vegetarian
Pudim de Leite	GF w/out Garnish Crisp								Vegetarian
Rabanada									Vegetarian
Torta Brigadeiro									Vegetarian
GRILL - TRADITIONAL ITEMS									
Beef, Brisket									
Beef, Center Cut									
Beef, Garlic									
Beef, Top Sirloin									
Beef, Tri-Tip									
Chicken, Hearts									
Chicken, Marinated									
Chicken, Sweet & Spicy									
Chicken, with Bacon									
Lamb, Boneless (not avail. in all locations)									
Pineapple, Glazed									
Pork, Glazed Ham									
Pork, Sausage									
Pork, with Parmesan									

	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	VEG
GRILL - CHEF SPECIAL ITEMS									
Beef, Bacon Wrapped									
Beef, Boneless Ribs									
Beef, Bottom Flap - Fraldinha									
Beef, Garlic Stuffed					👤				
Beef, Ginger					👤	👤	👤		
Beef, H. Tender - Butcher's Cut									
Beef, Prime Rib									
Beef, Ribeye - Bife Ancho									
Beef, Whole Sirloin									
Beef, with Onions						👤			
Beef, with Parmesan Cheese			👤		👤	👤	👤		
Chicken, Hen					👤	👤	👤		
Chicken, Hot Wings						👤	👤	👤	
Chimichurri Beef					👤	👤	👤		
Coconut Fish			👤			👤			
Fish, Swai					👤		👤		
Pork, Ribs									
Sauce, Chimichurri					👤	👤	👤		Vegan
Sauce, Gaucho						👤	👤	👤	Vegetarian
Sauce, Horseradish			👤	👤			👤		Vegetarian
Sauce, Passion Fruit			👤	👤			👤		Vegetarian
Tomato, Grilled w/ Parmesan			👤		👤	👤	👤		Vegetarian
Turkey, Orange									
Vegetables, Roasted			👤		👤	👤	👤		Vegetarian
Grilled items will likely vary by location and time of year									
GOURMET SALADS									
Apple Coleslaw					👤		👤		Vegetarian
Apple Tuna Salad		👤		👤		👤			
Artichoke Parmesan Salad			👤			👤			Vegetarian
Asparagus									Vegan
Bahia Salad			👤						Vegetarian
Beet & Carrots									Vegan
Brazilian Potato Salad				👤			👤		Vegetarian
Broccoli, Lemon Pepper									Vegan
Cabbage Basil Salat							👤		Vegan
Caesar Salad			👤				👤		
Cauliflower, Lemon Pepper									Vegan
Celery Summer Salad			👤	👤			👤		Vegetarian
Ceviche, Fish or Shrimp	Contains shellfish and/or fish oils				👤	👤	👤		
Chickpea Salad					👤	👤	👤		Vegetarian
Citrus Pasta Salad	👤		👤			👤	👤		Vegetarian
Cod Salad				👤	👤	👤	👤		
Corn Salad					👤	👤	👤	👤	Vegan
Corn, Candle Corn Salad					👤	👤	👤	👤	Vegan
Cornichons, Onions & Garlic					👤	👤			
Couscous	👤					👤		👤	Vegan
Couscous Fronteira Salad	👤	👤				👤	👤		Vegan

	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	VEG
Crunchy Kohlrabi Salad			👉				👉		Vegetarian
Cucumber Dill salad						👉	👉		Vegan
Cucumber Vinaigrette						👉	👉		Vegan
Cucumber, Greek Salad			👉			👉	👉		Vegan
Dressing Sweet Mustard			👉	👉			👉		Vegetarian
Dressing, Balsamic Reduction					👉				Vegan
Dressing, Caesar	Contains fish oil						👉		
Dressing, Chimichurri Sauce					👉	👉	👉		Vegan
Dressing, Honey Dijon					👉		👉		Vegetarian
Dressing, Italian					👉	👉	👉		Vegan
Dressing, Ranch			👉	👉	👉	👉	👉	👉	Vegetarian
Dressing, Raspberry						👉	👉	👉	Vegan
Dressing, Vinaigrette					👉	👉	👉		Vegan
Dressing, Yogurt			👉			👉			Vegetarian
Eggplant Salad, "Berinjela"					👉	👉	👉	👉	Vegan
Fennel Apple Salad				👉			👉	👉	Vegetarian
Fresh Mozzarella Salad			👉				👉		Vegetarian
Fruit									Vegan
Garden Mango Salad						👉	👉		
Golden Beet Salad		👉					👉		Vegetarian
Grape Salad (Walnuts & Blue Cheese)		👉	👉	👉		👉	👉		Vegetarian
Ham-Wrapped Hearts of Palm			👉	👉		👉	👉		
Hardboiled Eggs				👉					Vegetarian
Hearts of Palm									Vegan
Hummus					👉		👉		Vegan
Lemon Kale Salad		👉	👉				👉		Vegetarian
Marinated Mushrooms					👉		👉		Vegetarian
Marinated Quail Eggs				👉			👉		Vegetarian
Mixed Greens									Vegan
Okra Salad					👉	👉			
Pea Salad			👉	👉		👉	👉	👉	Vegetarian
Pickled Beets					👉				Vegan
Quinoa					👉	👉	👉	👉	Vegan
Quinoa Tabbouleh					👉	👉	👉		Vegan
Roasted Coconut Pineapple Slaw			👉	👉			👉	👉	Vegetarian
Roasted Edamame					👉	👉	👉	👉	Vegan
Roasted Peppers									Vegan
Rodizio BLT			👉	👉			👉	👉	
Rodizio Salad			👉	👉			👉	👉	Vegetarian
Salpicao with Chicken			👉	👉	👉	👉	👉	👉	
Salpicao with Ham			👉			👉			
Seafood Pasta Salad	👉		👉	👉		👉	👉	👉	
Seafood Salad				👉		👉	👉	👉	
Shrimp Polenta				👉	👉	👉	👉	👉	
Spicy Chicken Salad			👉		👉	👉	👉		
Strawberry Salad						👉	👉	👉	Vegan
Tabbouleh	👉					👉	👉		Vegan
Tomato & Spinach Platter									Vegan
Turkey Pastrami					👉				
Yogurt Chicken Salad		👉	👉			👉			

	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	VEG
GOURMET HOT BAR									
Aipim Manteiga - Soft Yucca						👤	👤		Vegetarian
Arroz - Brazilian Rice					👤	👤	👤		Vegetarian
Brown Bean - Meatless					👤	👤	👤		Vegan
Couve - Collard Greens					👤	👤	👤		
Farofa - Meatless Yucca Root					👤	👤	👤		Vegan
Farofa - Seasoned Yucca Root					👤	👤	👤		
Feijao Tropeiro - Cowboy Casserole			👤	👤	👤	👤	👤		
Feijoada - Black Bean Stew			👤		👤	👤	👤		
House Marinara Sauce				👤	👤	👤	👤		Vegan
House Rice Casserole			👤	👤	👤	👤	👤		
Madeira Mushrooms	👤				👤	👤	👤		
Pasta, Alfredo	👤		👤		👤	👤	👤	👤	Vegetarian
Pasta, Carbonara Meat Sauce	👤		👤		👤	👤	👤		
Pasta, Prima-Rosa	👤		👤				👤	👤	Vegetarian
Pasta, Primavera	👤		👤		👤	👤	👤		Vegetarian
Pure de Batata - Whipped Potatoes			👤				👤		Vegetarian
Roasted Vegetables			👤		👤	👤	👤		Vegetarian
Shepherd's Pie	👤		👤	👤	👤	👤	👤	👤	
Stroganoff			👤		👤	👤	👤	👤	
Tutu - Brown Bean Stew			👤		👤	👤	👤		
SOUPS									
Bison Chili	👤				👤	👤	👤		
Canja - Chicken Soup					👤	👤	👤		
Cauliflower Bacon Soup					👤	👤			
Chilled Mango Soup			👤					👤	Vegetarian
Chilled Strawberry Soup			👤					👤	Vegetarian
Heart of Palm			👤		👤	👤	👤	👤	Vegan
Lamb Stew					👤	👤		👤	
Parmesan Broccoli Soup									
Vegetable & Beef Soup					👤	👤	👤		
BRUNCH									
Baked Bacon									
Banana Nut Bread	👤	👤	👤	👤			👤	👤	Vegetarian
Home Baked Potatoes							👤		
Orange Cake	👤	👤	👤	👤			👤	👤	Vegetarian
Scrambled Egg			👤	👤					Vegetarian
Spinach Soufflé	👤		👤			👤		👤	Vegetarian

	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	VEG
Bacon Fest, BBQ Fest & Wild-Game Fest PROMOTIONAL MENU ITEMS									
PROMOTIONAL SIDE DISHES									
Banana Nut Bread									Vegetarian
Corn Bread									Vegetarian
PROMOTIONAL BAR / JUICES									
Watermelon Juice									Vegan
Watermelon Martini									Vegan
PROMOTIONAL DESSERTS									
Apple Pie									Vegetarian
Guaraná Float									Vegetarian
Root Beer Float									Vegetarian
PROMOTIONAL GRILL									
BBQ Beef Brisket									
BBQ Chicken Thigh									
BBQ Pork Ribs									
BBQ Sauce									
Dry Rub									
PROMOTIONAL SALADS									
Fresh Watermelon Salad									Vegan
Roasted Coconut & Pineapple Slaw									Vegetarian
Watermelon Kohlrabi Salad									Vegetarian
PROMOTIONAL HOT BAR									
Baked Beans									Vegan
Buttered Corn									Vegan
Macaroni & Cheese									