



ALLERGENS & INTOLERANCES

Rodizio Grill prepared this list with the most current ingredient information available from our food suppliers. Please be aware that during kitchen operations, shared preparation areas may occur and the possibility exists for food items to come in contact with other food products. We encourage you to use this list as a guide to enhance your Rodizio Grill experience. And to better assist you, our gourmet salad bar tags have been marked with a "GF" for faster recognition of gluten-free items. For Corn Allergies, please read the 'Corn Allergy and Intolerance' document first. We highly recommend those with food allergies consult a manager upon delivery of this list.

We proudly offer 100% GF Grilled Items in a 100% MSG-Free and 100% Peanut-Free environment!

	GLUTEN	TREE NUTS	PEANUT	DAIRY	EGG	FISH	SHELLFISH	GARLIC	ONIONS	SOY	SESAME	CORN	VEG
APPETIZERS													
Cinnamon Glazed Bananas													Vegan
Garlic Toast													Vegetarian
Pao de Queijo - Cheese Bread													Vegetarian
Polenta													Vegetarian
BAR / JUICES													
Coconut Juice													Vegetarian
Guaraná													Vegan
Juice, Founders Limeade													
Pineapple Pina Colada													
Rodizio Diet Limeade													Vegetarian
Rodizio Limeade													Vegetarian
All Other Fresh Juices													Vegan
DESSERTS													
Bolo Brigadeiro													Vegetarian
Cheesecake													Vegetarian
Crème Brulee													Vegetarian
Pudim de Leite	GF w/out Garnish Crisp												Vegetarian
Rabanada													Vegetarian
Torta Brigadeiro													Vegetarian
GRILL - TRADITIONAL ITEMS													
Beef, Brisket													
Beef, Center Cut													
Beef, Garlic													
Beef, Top Sirloin													
Beef, Tri-Tip													
Chicken, Hearts													
Chicken, Garlic & Parmesan													
Chicken, Marinated													
Chicken, Sweet & Spicy													
Chicken, with Bacon													
Lamb, Boneless (not avail. in all locations)													
Pineapple, Glazed													
Pork, Glazed Ham													
Pork, Sausage													
Pork, with Parmesan													
GRILL - CHEF SPECIAL ITEMS													
Beef, Bacon Wrapped													
Beef, Boneless Ribs													
Beef, Bottom Flap - Fraldinha													
Beef, Garlic Stuffed													
Beef, Ginger													
Beef, H. Tender - Butcher's Cut													
Beef, Prime Rib													
Beef, Ribeye - Bife Ancho													

	GLUTEN	TREE NUTS	PEANUT	DAIRY	EGG	FISH	SHELLFISH	GARLIC	ONIONS	SOY	SESAME	CORN	VEG
Beef, Whole Sirloin													
Beef, with Onions									🍷				
Beef, with Parmesan Cheese				🍷				🍷	🍷	🍷			
Chicken, Hen								🍷	🍷	🍷			
Chicken, Hot Wings									🍷	🍷		🍷	
Chimichurri Beef								🍷	🍷	🍷			
Coconut Fish				🍷				🍷	🍷	🍷			
Fish, Swai								🍷		🍷			
Garlic Bread Grilled				🍷	🍷			🍷	🍷	🍷			Vegetarian
Lamb, Marinated								🍷	🍷	🍷			
Pork, Ribs													
Sauce, Chimichurri								🍷	🍷	🍷			Vegan
Sauce, Gaucho									🍷	🍷		🍷	Vegetarian
Sauce, Horseradish				🍷	🍷					🍷			Vegetarian
Sauce, Passion Fruit				🍷	🍷					🍷			Vegetarian
Tomato, Grilled w/ Parmesan				🍷				🍷	🍷	🍷			Vegetarian
Turkey, Orange													
Vegetables, Roasted				🍷				🍷	🍷	🍷			Vegetarian
Grilled items will likely vary by location and time of year													
GOURMET SALADS													
Apple Coleslaw								🍷		🍷			Vegetarian
Apple Tuna Salad		🍷			🍷	🍷			🍷	🍷			
Artichoke Parmesan Salad				🍷					🍷				Vegetarian
Arugula Salad				🍷				🍷		🍷			Vegetarian
Bacon Potato Salad									🍷	🍷			
Asparagus													Vegan
Bahia Salad				🍷									Vegetarian
Balsamic Tomato Salad								🍷	🍷				Vegan
Berry Medley													Vegan
Beet & Carrots													Vegan
Brazilian Potato Salad					🍷					🍷			Vegetarian
Bread, Garlic Toast	🍷				🍷			🍷		🍷			Vegetarian
Bread, Muffins	🍷	🍷		🍷	🍷					🍷		🍷	Vegetarian
Bread, Portuguese Rolls	🍷				🍷								Vegan
Broccoli, Lemon Pepper													Vegan
Butter Chips				🍷									Vegetarian
Cabbage Basil Salad										🍷			Vegan
Caesar Salad				🍷						🍷			
Cauliflower, Lemon Pepper													Vegan
Celery Summer Salad				🍷	🍷					🍷			Vegetarian
Ceviche, Fish or Shrimp						🍷		🍷	🍷	🍷			
Chicken, BBQ Salad				🍷				🍷	🍷	🍷			
Chicken Salad Malagueta Spicy				🍷				🍷	🍷	🍷			
Chickpea Salad								🍷	🍷	🍷			Vegetarian
Yogurt Chicken Salad		🍷		🍷					🍷				
Chopped Green Salad				🍷	🍷			🍷	🍷	🍷			Vegetarian
Citrus Pasta Salad	🍷			🍷					🍷	🍷			Vegetarian
Cod Salad					🍷	🍷		🍷	🍷	🍷			
Corn Salad								🍷	🍷	🍷		🍷	Vegan
Corn, Candle Corn Salad								🍷	🍷	🍷		🍷	Vegan
Cornichons, Onions & Garlic								🍷	🍷				
Couscous Fronteira Salad	🍷	🍷							🍷	🍷			Vegan
Crab and/or Shrimp Salad Pasta	🍷			🍷	🍷				🍷	🍷			
Cumari Peppers													Vegan
Crunchy Kohlrabi Salad				🍷						🍷			Vegetarian
Cucumber Dill salad									🍷	🍷			Vegan
Cucumber Vinaigrette Salad								🍷	🍷	🍷			Vegan
Cucumber, Greek Salad				🍷						🍷			Vegan
Cuscuz Paulista Salad					🍷		🍷	🍷	🍷	🍷		🍷	
Dressing, 1000 Island					🍷				🍷	🍷		🍷	Vegetarian
Dressing Sweet Mustard				🍷	🍷					🍷			Vegetarian

	GLUTEN	TREE NUTS	PEANUT	DAIRY	EGG	FISH	SHELLFISH	GARLIC	ONIONS	SOY	SESAME	CORN	VEG
Dressing, Balsamic Reduction								🚫					Vegan
Dressing, Blue Cheese				🚫	🚫	🚫		🚫	🚫	🚫		🚫	Vegetarian
Dressing, Caesar	Contains fish oil			🚫	🚫					🚫			
Dressing, Chimichurri Mayo					🚫			🚫	🚫	🚫			Vegan
Dressing, Chimichurri Mint								🚫	🚫	🚫			Vegan
Dressing, Chimichurri Sauce								🚫	🚫	🚫			Vegetarian
Dressing, Cranberry Vinaigrette								🚫		🚫			Vegan
Dressing, Honey Dijon								🚫		🚫			Vegetarian
Dressing, Italian								🚫	🚫	🚫			Vegan
Dressing, Jalapeno Cilantro				🚫				🚫		🚫			Vegan
Dressing, Lemon Vinaigrette										🚫			Vegan
Dressing, Mango Mint Vinaigrette										🚫			Vegan
Dressing, Passion Fruit Aioli									🚫	🚫			Vegan
Dressing, Ranch				🚫	🚫			🚫	🚫	🚫		🚫	Vegetarian
Dressing, Raspberry									🚫	🚫		🚫	Vegan
Dressing, Roasted Garlic Aioli				🚫	🚫			🚫		🚫			Vegetarian
Dressing, Vinaigrette								🚫	🚫	🚫			Vegan
Dressing, Yogurt				🚫					🚫				Vegetarian
Egg Salad					🚫			🚫	🚫	🚫			Vegetarian
Eggplant Salad, "Berinjela"	🚫					🚫		🚫	🚫	🚫			Vegan
Egg and Potato Salad					🚫			🚫	🚫	🚫			Vegan
Fennel Apple Salad					🚫					🚫		🚫	Vegetarian
Fresh Mozzarella Salad				🚫						🚫			Vegetarian
Fruit													Vegan
Garden Mango Salad									🚫	🚫			
Golden Bacon Salad								🚫	🚫	🚫		🚫	
Golden Beet Salad		🚫		🚫						🚫			Vegetarian
Grape Salad (Walnuts & Blue Cheese)		🚫		🚫	🚫					🚫			Vegetarian
Green Bean Salad								🚫		🚫			Vegan
Grilled Pork Salad		🚫						🚫	🚫		🚫		
Ham-Wrapped Hearts of Palm				🚫	🚫				🚫	🚫			
Hardboiled Eggs					🚫								Vegetarian
Hearts of Palm													Vegan
Heart of Palm Fennel Salad										🚫			Vegan
Heart of Palm Salad				🚫	🚫				🚫	🚫			
Hummus								🚫		🚫	🚫		Vegan
Hummus Roasted Garlic								🚫		🚫	🚫		Vegan
Hummus Roasted Red Pepper								🚫		🚫	🚫		Vegan
Jalapeno Salad									🚫				Vegan
Lemon Kale Salad				🚫						🚫			Vegetarian
Malagueta Hot Sauce													Vegan
Malagueta Hot Sauce Sweet & Sour								🚫				🚫	Vegan
Marinated Mushrooms								🚫		🚫			Vegetarian
Marinated Quail Eggs					🚫					🚫			Vegetarian
Mix, Cornichons								🚫	🚫				Vegan
Mix, Olives													Vegan
Mix, Peppers													Vegan
Mixed Greens													Vegan
Onion Salad									🚫				Vegan
Okra Salad								🚫	🚫				Vegan
Pasta, Caramelized Walnut Farfalle	🚫	🚫		🚫	🚫				🚫	🚫			
Pea Salad				🚫	🚫				🚫	🚫		🚫	Vegetarian
Pickled Beets								🚫	🚫				Vegan
Quinoa								🚫	🚫	🚫		🚫	Vegan
Quinoa Tabbouleh									🚫	🚫			Vegan
Roasted Asparagus										🚫			Vegan
Roasted Coconut Pineapple Slaw					🚫					🚫			Vegetarian
Roasted Edamame								🚫	🚫	🚫		🚫	Vegan
Roasted Jalapeno									🚫	🚫			Vegan
Roasted Peppers													Vegan
Rodizio BLT Salad				🚫	🚫					🚫		🚫	
Salpicao with Chicken				🚫	🚫				🚫	🚫		🚫	
Salpicao with Ham				🚫				🚫	🚫	🚫			

	GLUTEN	TREE NUTS	PEANUT	DAIRY	EGG	FISH	SHELLFISH	GARLIC	ONIONS	SOY	SESAME	CORN	VEG
Seafood Pasta Salad	🚫			🚫	🚫				🚫	🚫		🚫	
Seafood Salad					🚫		🚫		🚫	🚫		🚫	
Shrimp Polenta					🚫			🚫	🚫	🚫		🚫	
Strawberry Salad								🚫	🚫			🚫	Vegan
Sweet Drop Peppers													Vegan
Tabbouleh	🚫								🚫	🚫			Vegan
Tapenade								🚫	🚫	🚫			Vegan
Tomato & Spinach Platter													Vegan
Tropical Salad					🚫					🚫			Vegetarian
Turkey Pastrami								🚫					
GOURMET HOT BAR													
Aipim Manteiga - Soft Yucca									🚫	🚫			Vegetarian
Arroz - Brazilian Rice								🚫	🚫	🚫			Vegetarian
Arroz - Brazilian Rice Cassarole								🚫	🚫	🚫			
Arroz Rancheiro - Ranch Rice								🚫	🚫	🚫			
Assado - Brazilian Beef Pot Roast								🚫	🚫	🚫			
Bacon, Brussels										🚫			
Bacon, Brussels with Honey										🚫			
Brown Bean - Meatless								🚫	🚫	🚫			Vegan
Couve - Collard Greens								🚫	🚫				
Farofa - Meatless Yucca Root								🚫	🚫	🚫			Vegan
Farofa - Seasoned Yucca Root								🚫	🚫	🚫			
Feijao Tropeiro - Cowboy Casserole					🚫			🚫	🚫	🚫			
Feijoada - Black Bean Stew								🚫	🚫	🚫			
House Marinara Sauce					🚫			🚫	🚫	🚫			Vegan
House Rice Casserole				🚫	🚫			🚫	🚫	🚫			
Madeira Mushrooms	🚫							🚫	🚫	🚫			
Moq				🚫		🚫		🚫	🚫	🚫			
Pasta, Alfredo	🚫			🚫	🚫			🚫	🚫	🚫		🚫	Vegetarian
Pasta, Bolognese Meat Sauce	🚫			🚫	🚫			🚫	🚫	🚫			
Pasta, Macaroni and Cheese	🚫			🚫	🚫			🚫	🚫	🚫		🚫	Vegetarian
Pasta, Prima-Rosa	🚫			🚫	🚫			🚫	🚫	🚫		🚫	Vegetarian
Pasta, Primavera	🚫			🚫	🚫			🚫		🚫			Vegetarian
Pure de Batata - Whipped Potatoes				🚫						🚫			Vegetarian
Pure de Batata - With Garlic				🚫				🚫					Vegetarian
Roasted Vegetables				🚫				🚫	🚫	🚫			Vegetarian
Shepherd's Pie	🚫			🚫	🚫			🚫	🚫	🚫		🚫	
Stroganoff				🚫				🚫	🚫	🚫		🚫	
Tutu - Brown Bean Stew								🚫	🚫	🚫		🚫	
SOUPS													
Bison Chili	🚫							🚫	🚫	🚫			
Canja - Chicken Soup								🚫	🚫	🚫			
Cauliflower Bacon Soup								🚫	🚫				
Chilled Mango Soup				🚫								🚫	Vegetarian
Chilled Strawberry Soup				🚫								🚫	Vegetarian
Heart of Palm				🚫				🚫	🚫	🚫		🚫	Vegan
Lamb Stew								🚫	🚫			🚫	
Parmesan Broccoli Soup								🚫	🚫	🚫			
Picadinho Chile, Beef								🚫	🚫	🚫			
Vegetable & Beef Soup								🚫	🚫	🚫			
BRUNCH													
Baked Bacon													
Banana Nut Bread	🚫	🚫		🚫	🚫					🚫		🚫	Vegetarian

	GLUTEN	TREE NUTS	PEANUT	DAIRY	EGG	FISH	SHELLFISH	GARLIC	ONIONS	SOY	SESAME	CORN	VEG
Home Baked Potatoes										🥚			
Cake, Orange	🥚				🥚					🥚		🥚	Vegetarian
Cake, Guava	🥚				🥚					🥚		🥚	Vegetarian
Cake, Rodizio Limeade	🥚				🥚					🥚		🥚	Vegetarian
Scrambled Egg	🥚			🥚	🥚								Vegetarian
Spinach Soufflé	🥚			🥚					🥚			🥚	Vegetarian
Bacon Fest, BBQ Fest & Wild-Game Fest PROMOTIONAL MENU ITEMS													
PROMOTIONAL SIDE DISHES													
Banana Nut Bread	🥚	🥚		🥚	🥚					🥚			Vegetarian
Corn Bread	🥚			🥚	🥚					🥚		🥚	Vegetarian
Corn Bread, Jalapeno	🥚			🥚	🥚					🥚		🥚	Vegetarian
Cranberry Chutney												🥚	Vegan
PROMOTIONAL BAR / JUICES													
Watermelon Juice													Vegan
Watermelon Martini													Vegan
PROMOTIONAL DESSERTS													
Apple Pie	🥚			🥚						🥚		🥚	Vegetarian
Guaraná Float				🥚								🥚	Vegetarian
Root Beer Float				🥚								🥚	Vegetarian
PROMOTIONAL GRILL													
BBQ Beef Brisket								🥚	🥚				
BBQ Chicken Thigh								🥚	🥚				
BBQ Pork Ribs								🥚	🥚				
						🥚		🥚	🥚				
Dry Rub								🥚	🥚				
PROMOTIONAL SALADS													
Bacon Couscous BLT Salad	🥚				🥚				🥚	🥚			
Fresh Watermelon Salad													Vegan
Habanero Lime Salad									🥚				Vegan
Roasted Coconut & Pineapple Slaw				🥚	🥚					🥚		🥚	Vegetarian
Watermelon Kohlrabi Salad									🥚	🥚		🥚	Vegetarian
PROMOTIONAL HOT BAR													
Bacon Glazed Pineapple													
Bacon Potatos Au Gratin House Sauce	🥚			🥚				🥚	🥚	🥚			
Bacon Potatos Au Gratin				🥚				🥚	🥚	🥚			
Baked Beans									🥚	🥚		🥚	Vegan
Buttered Corn				🥚					🥚	🥚		🥚	Vegan
Cauliflower Au Gratin				🥚				🥚	🥚	🥚		🥚	Vegetarian
Corned Beef Brisket								🥚	🥚				
Chili Pepper Chicken									🥚	🥚		🥚	
Green Bean Casserole	🥚			🥚				🥚	🥚	🥚		🥚	Vegetarian
Macaroni & Cheese	🥚			🥚	🥚			🥚	🥚				Vegetarian
Pulled Pork						🥚		🥚	🥚				